

Clinical guidelines for the management of peri-implant health

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EDUCATIONAL OBJECTIVES

The overall goal of this course is to provide the reader with guidelines for self-care and ongoing professional care that can prevent peri-implant mucositis from developing into peri-implantitis.

On completion of the course, participants should be able to:

1. Discuss the differences between maintenance of natural teeth and implant-supported restorations.
2. Identify key actions that should be accomplished on professional recare visits.
3. Describe the relationship between bacterial plaque accumulation and peri-implant mucositis.
4. Summarize the principles of effective implant self-care.

ABSTRACT

Long-term success and patient satisfaction with dental implant restorations depend on proper maintenance and daily follow-up care by the patient, as well as professional care at intervals to be determined clinically. Otherwise, biofilm formation may result in peri-implant mucositis, which is etiologically similar to gingivitis in the natural dentition and is reversible with appropriate care. This article outlines some of the requirements for optimal patient self-care, professional monitoring, and maintenance.

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